

## Italy and France, history of gardens small group escorted tour

### Reading List

#### **The Land Where Lemons Grow: The Story of Italy and its Citrus Fruit**

by Helena Attlee

Travellers have always been thrilled by the sight of citrus in Italy, where dark leaves and bright fruit seem to charge the landscape, making the trees symbols of a sun-soaked, poetic vision of the country. Citrus also holds a special place in the Italian imagination, and in *The Land Where Lemons Grow*, Helena Attlee sets out to explore its curious past and its enduring resonance in Italian culture. *The Land Where Lemons Grow* is a heady mixture of travel writing, history, horticulture and art; a unique journey through Italy's cultural, culinary and political past. Helena Attlee is the author of four books about Italian gardens, and others on the cultural history of gardens around the world. Helena is a Fellow of the Royal Literary Fund and has worked in Italy for nearly 30 years.

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#### **Essay on Gardens: A Chapter in the French Picturesque**

by Claude-Henri Watelet

Published in 1774, *Essay on Gardens* is one of the earliest texts showing the progressive shift in French taste from the classical model of the gardens at Versailles to the picturesque or natural style of garden design in the late eighteenth century. In this formulation of his ideas concerning landscape, Claude-Henri Watelet describes an ideal farm and also his own very real garden, Moulin Joli, near Paris. He advances the theory that the useful and the pleasurable must be combined in the planning, preservation, and decoration of the land by offering a relatively novel design that uses experimental methods to create a comfortable estate. The result is a horticultural and ecological laboratory that includes a residence, a farm, stables, a dairy, an apiary, a mill, walks, vistas, flower beds, an area reserved for medicinal plants, decorative statues, a medical laboratory, and even a small infirmary for ailing members of the community.

Given the wide scholarly interest in the field of garden design and its history, this first English edition of Watelet's small but influential book will interest historians of landscape design as well as students of the history of architecture. Joseph Disponzio's informative introduction to Samuel Danon's masterful translation situates the *Essay on Gardens* within the framework of other landscape and garden treatises of the late eighteenth century.

Although the original text was not illustrated, this edition includes a selection of charming drawings and etchings of Moulin Joli by Watelet himself, Hubert Robert, and others.

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### **The Italian Garden**

by Judith Lennox

Set amid the wealth and beauty of sixteenth-century Europe, Judith Lennox's novel transports her readers to a world of passion, intrigue and bitter rivalry.

The du Chantonay estate of Marigny on the Loire consumes the desires of two powerful men - bitter, worldly-wise Guillaume du Chantonay, and ruthless Hamon de Bohun - who will stop at nothing to possess it. Toby Crow, a young soldier of fortune, is also drawn to Marigny for his mysterious origins are somehow bound up with the chateau.

Italy's most priceless beauty, exotic Joanna Zulian, would crown Marigny's perfection. But Joanna, bred a vagabond and newly escaped from a stifling marriage to the artist Gaetano, vows never again to be possessed by any man, nor obey any laws but her own. With the help of the adoring English doctor Martin and a reluctant Toby, Joanna forges her own path through war-ravaged Europe.

And when Joanna comes at last to Marigny, it is to weave the whole intricate tale of the de Bohuns, the du Chantonays, and her own colourful life into the Italian garden she designs. It will be her own legacy, a legacy fraught with danger.

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### **Italian Villas and Their Gardens**

by Judith Wharton

Italian Villas and Their Gardens is a classic work on gardening by none other than Edith Wharton.

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### **A year in Provence**

by Peter Mayle

Peter Mayle and his wife did what most of us only imagine doing when they made their long-cherished dream of a life abroad a reality: throwing caution to the wind, they bought a glorious two hundred year-old farmhouse in the Lubéron Valley and began a new life. In a year that begins with a marathon lunch and continues with a host of gastronomic delights, they also survive the unexpected and often hilarious curiosities of rural life. From mastering the local accent and enduring invasion by bumbling builders, to discovering the finer points of boules and goat-racing, all the earthy pleasures

of Provençal life are conjured up in this enchanting portrait.

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