

## Scottish Islands and Shetland small group tours for seniors

### Reading List

#### **The Sea Kingdoms: The History of Celtic Britain and Ireland**

by Alistair Moffat

The most powerful representation yet of the race which has repeatedly changed history as we know it' - The Scotsman 'Brimming with interesting facts ... instructive and wide-ranging' - Cal McCrystal, Independent on Sunday 'The best picture of the Celtic race yet written' - South Wales Echo 'Lovingly traces the remnants of a once-powerful people through language, ancient place names, farms, fortresses, harbours and, most of all, through their connection to the sea' - Irish Times Alistair Moffat's journey, from the Scottish islands and Scotland, to the English coast, Wales, Cornwall and Ireland, ignores national boundaries to reveal the rich fabric of culture and history of Celtic Britain which still survives today. This is a vividly told, dramatic and enlightening account of the oral history, legends and battles of a people whose past stretches back many hundred of years. The Sea Kingdoms is a story of great tragedies, ancient myths and spectacular beauty.

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#### **The Celtic Myths: A Guide to the Ancient Gods and Legends**

by Miranda Aldhouse-Green

Introduces the world of the Celts, their gods and goddesses, heroes, monsters and villains.

As well as vividly exploring the tales, the author brings her expertise in the archaeology of the Iron Age and particularly shamanism to bear on the mythical worlds she describes, with evidence as diverse as the Gundestrup Cauldron and the famous bog bodies.

Starting with a discussion of how myths are transmitted and by whom, the author continues with an account of the Irish and Welsh myths and their key actors and motifs, before moving on to consider themes such as heroes, animals, women, environment and the Otherworld. Finally, the author asks how the myths survived the Christianization of Europe and looks at the influence of monastic chroniclers on the tales, which they preserved and adapted. Includes more than 80 illustrations

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#### **The Ancient Paths: Discovering the Lost Map of Celtic Europe**

by Graham Robb

Graham Robb's new book will change the way you see European civilization.

Inspired by a chance discovery, Robb became fascinated with the world of the Celts: their gods, their art, and, most of all, their sophisticated knowledge of science. His investigations gradually revealed something extraordinary: a lost map, of an empire constructed with precision and beauty across vast tracts of Europe. The map had been forgotten for almost two millennia and its implications were astonishing.

Minutely researched and rich in revelations, *The Ancient Paths* brings to life centuries of our distant history and reinterprets pre-Roman Europe. Told with all of Robb's grace and verve, it is a dazzling, unforgettable book.

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### **The Scottish Islands: A Comprehensive Guide to Every Scottish Island**

by Haswell-Smith, Hamish

Fully revised and updated and liberally illustrated with the author's own paintings, this beautiful guide will take readers to every Scottish island, whether by armchair or yacht. From the abandoned crofts of Mingulay and the standing stones of Orkney to the white beaches of Colonsay and the spectacular Cuillins of Skye, this is the first complete gazetteer to cover all of Scotland's many hundreds of islands, including those which are uninhabited and those which are notoriously difficult to reach. Packed with information on access, anchorages, points of historical or natural interest, and things to do and see, this fascinating compendium provides indispensable information for touring, for browsing, for reference, and for all of those travelers who wish to experience some of the most beautiful and remote places in the world. No other book begins to emulate the range and depth of the information contained in *The Scottish Islands*. Complete with the author's own paintings, full-color illustrations, and relief maps of all the main islands, this is both an impressive work of reference and a fascinating personal view of Scotland's distant outposts.

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### **Standing Stones**

by Beth Camp

In 1842, Lord Gordon claims his new estate in Northern Scotland and plans to replace farmers and fishermen with sheep. Mac McDonnell, suspicious of Lord Gordon from the beginning, leads protests – despite the impact his actions will have on his sister and three brothers. When evictions begin, a second protest at Westness turns violent. What will Mac risk to protect his family, his sweetheart, and his livelihood?

Set in the Orkney Islands during the time of the Clearances, *Standing Stones* won an award from the Pacific Northwest Writers Association for historical fiction and was called “a very promising work, with appeal to a broad audience, peppered with a variety of characters the reader can identify with sympathetically or instantly distrust.”

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### **The Hebrides: By the presenter of BBC TV's Grand Tours of the Scottish Islands**

by Paul Murton

Paul Murton has spent half-a lifetime exploring some of the most beautiful islands in the world - the Hebrides. He has travelled the length and breadth of the Scotland's rugged, six-thousand-mile coast line, and sailed to over eighty islands.

In this book Paul visits each of the Hebridean islands in turn, introducing their myths and legends, history, culture and extraordinary natural beauty. In addition he also meets the people who live there and learns their story. He has met crofters, fishermen, tweed weavers, Gaelic singers, clan chiefs, artists, postmen and bus drivers - people from every walk of life who make the islands tick. This blend of the contemporary and the traditional creates a vivid account of the Hebrides and serves as a unique guide to the less well known aspects of life among the islands.

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### **Highland Hermit: Volume 1**

by James Curron

James McRory Smith lived for over 30 years at Strathchailleach, one of the most remote cottages in the Britain Isles. Standing in the shadow of the squat stone structure, it is hard to imagine a more isolated spot. The building sits alone in a vast tract of empty, featureless terrain to the south of Cape Wrath, in Sutherland. There is no access road, no running water, no electricity and no telephone. Yet James McRory Smith survived here, battered by the elements and devoid of human company. His story is a fascinating account of a man pitting his wits against the wilderness, enduring endless isolation and existing, for a large part, off the land. James' lifestyle belonged to a bygone age, yet he lived it in the 20th century, turning his back on the luxuries and conveniences of the modern world. This biography provides readers with an inspiring account of a modern day hermit. It offers a rare insight into an alternative way of life, one that is far removed from the norm. At a time when people are becoming increasingly concerned about consumption and consumerism, and their impact on the environment, James McRory Smith's story demonstrates the practicalities and challenges of the frugal, self-sufficient lifestyle many people dream of. However, this is not intended simply as a social history, is also a true-life story of adventure and survival.

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**Island Wife: living on the edge of the wild**

by Judy Fairbairns

Dream of living on a remote Scottish island? ISLAND WIFE tells the story of a woman's life. Judy, at 19, met her future husband, who whisked her off into an adventure, a marriage of over forty years, and a life on a remote Hebridean island.

Along the way she bears five children, learns how to run a rocky hill farm, a hotel, a recording studio and the first whale watching business in the UK - all the while inventively making fraying ends meet. When her children start to leave home, things fall apart and there is sadness and joy in how she puts things back together. Funny and tender, this is a book of endless horizons and a breath of fresh air.

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**The Furrow Behind Me: The Autobiography of a Hebridean Crofter**

by Angus MacLellan

Angus MacLellan was regarded throughout his own lifetime as one of Scotland's finest traditional Gaelic storytellers. Reminiscences of his life were first recorded - on tape in Gaelic - in the early years of the 1960s and later transcribed and translated by John Lorne Campbell into this English-language biography. Born in 1869 into a poverty-stricken crofting community on South Uist, Angus MacLellan spent his childhood and his youth with his family before travelling from the island to find work first in the militia and then on the farms of the mainland. His travels came to an end when he returned to assist and eventually to succeed, his parents on their croft on South Uist in 1896. Angus MacLellan's memory for detail and his gift for telling should bring to the reader a vivid picture of a harsh lifestyle encompassing two centuries of dramatic change.

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**The Island Nurse**

by Mary J MacLeod

Life on the remote island of Papavray in the 1970s was a world away from Mary J. MacLeod's urban existence in the south of England. And this peaceful environment was just what she was looking for. While indoor toilets were still something of a luxury, and 'teleeffissions' could produce terror in some of the older residents, the glory of the mountains and the sea combined with the warmth of the island people meant she had found a haven for her family.

Mary's post as district nurse gave her a unique insight into island life, and her stories of the troubles, joys, drama and comedies endured by her patients make this a charming and humorous account of

community life on a small island in a bygone era.

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### **Bare-Arsed Banditti: The Men of the '45**

by Maggie Craig

They were modern men: doctors and lawyers, students and teachers, shoemakers and shopkeepers, farmers, gardeners and weavers. Children of the Age of Reason, they wrote poetry, discussed the latest ideas in philosophy and science - and rose in armed rebellion against the might of the British crown and government.

Sons of a restless nation that had unwillingly surrendered its independence a mere generation before, some were bound by age-old ties of Highland kinship and loyalty. Others rallied to the cries of 'Prosperity to Scotland' and 'No Union!'

Many faced agonising personal dilemmas before committing themselves to Bonnie Prince Charlie and the Jacobite Cause. Few had any illusions about the consequences of failure. Many met their date with destiny on Culloden Moor, players in a global conflict that shaped the world we live in today.

Combining meticulous research with entertaining and stylish delivery, Maggie Craig tells the dramatic and moving stories of the men who were willing to risk everything for their vision of a better future for themselves, their families and Scotland.

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### **Pursuit of Princes: Volume 5 (The Jacobite Chronicles)**

by Julia Brannan

THE FIFTH BOOK IN THE CAPTIVATING SERIES WHICH FOLLOWS THE LIVES OF BETH AND ALEX MACGREGOR, THEIR FAMILY AND FRIENDS. The rebellion is over. Prince Charles is in hiding, the Jacobite clans are scattered to the four winds, and in Inverness the Duke of Cumberland plans a brutal retribution against the Highlanders who rose against his father. His intention; to ensure they can never rise again. Alex, knowing Beth to be dead, leads his men into a vicious war of attrition against the British Redcoats, who have destroyed everything in life he ever held dear. Only his desire for revenge keeps him alive. Meanwhile the Duke of Cumberland is hatching a plan that he is confident will reveal the true identity of Sir Anthony Peters, the man who made a fool of the king, the duke and all society, a man he wishes to capture more than anyone else alive. JOIN THE CONTINUING REBELLION OF THE MACGREGORS AND THEIR FIGHT FOR REVENGE AND SURVIVAL IN... THE JACOBITE CHRONICLES

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**A History of the Scottish People, 1560-1830**

by T.C. Smout

A beautiful new cover for one of Fontana Press's hardiest perennials.

'By far the most stimulating, the most instructive and the most readable account of Scotch history that I have read...this splendid work carries us from Knox to Neilson, from the hot gospel of Calvin to the hot-blast of the smelting process – and incidentally seeks to explain the change. For always, in following this lucid narrative, we see an original mind at work, questioning and explaining, as well as illustrating.' Hugh Trevor-Roper, Sunday Times

'This is a fine history of Scotland. It combines rich and deep scholarship with an elegant and lucid style...No one who professes an interest in Scotland can afford to miss reading it.' Times Literary Supplement

'This remarkable book leaves the reviewer with little to say except that all Scots, and even Englishmen, who are interested in Britain's development, should read it. It is admirably proportioned, based on vast reading, and brings all the main topics together.' Economist

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**The Scottish Enlightenment: an Anthology**

by Alexander Broadie

The Scottish Enlightenment is one of the great achievements of European culture. In philosophy, law, economics, politics, linguistics and the physical sciences, Scots were key players in changing the way the world was viewed. And this explosion of activity still reverberates. It was the age of David Hume, Thomas Reid and Adam Smith, of Adam Ferguson, James Hutton and Sir John Sinclair. In his authoritative introduction, Alexander Broadie emphasises not only the diversity of intellectual discussion taking place in this small country located on the outer edge of Europe, but also the European dimension of this Scottish movement.

After the general introduction, the anthology is arranged thematically - Human Nature, Ethics, Aesthetics, Religion, Economics, Social Theory and Politics, Law, Historiography, Language and Science. These sections gather together well-known and lesser-known writings of the time. Much of the material has not been reprinted since the 18th century. Those with an interest in the Scottish cultural tradition will find many things to hold their attention in this unique book.

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**The Other British Isles: A History of Shetland, Orkney, the Hebrides, Isle of Man, Anglesey, Scilly, Isle of Wight and the Channel Islands**

by David W . Moore

heir names bespeak a rich past. From the Norse Hjaltland comes the modern Shetland: islands nominally Scottish, steeped in Nordic culture, closer to the Arctic Circle than to London. Important Neolithic sites are at Skara Brae and Maes Howe in the Orkneys. Holy Iona, island center of Celtic Christianity, the Isle of Man, former seat of rule over the Irish Sea, and Anglesey and Islay, homes of medieval courts at Aberffraw and Loch Finlaggan, are just a few of the more than 6,000 islands that form the archipelago known as the British Isles. The offshore isles are home to half a million people. Focusing on the eight islands or chains that have long supported substantial populations, this history tells the stories of Shetland, Orkney, the Hebrides, Anglesey, the Channel Islands, the Scilly Isles, and the Isles of Man and Wight, from their Neolithic settlement, to Roman, Norse and Norman occupation, to the struggle to maintain their uniqueness in today's world.

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### **Wild Guide Scotland: Hidden places, great adventures & the good life**

by Kimberley Grant

A new compendium of adventures, from the best-selling Wild Guide series (winner of travel guidebook of the year 2015). This guide to Scotland and the Scottish highlands and islands, one of Europe's fastest growing adventure holiday destinations, explores the hidden parts of its better known tourist areas, as well many more remote regions, rarely visited by tourists. Guiding you to over 800 wild swims, ancient forests, lost ruins and hidden beaches. Including inns, wild camping, local crafts, artisan whisky distilleries and wild places to stay.

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